GARD County Activities – Portugal

**History:** With the coordination of Dr. José Rosado Pinto, the GARD initiator in Portugal, GARD Portugal was launched in Estoril on 20 October 2007 at the presence of Francisco George, National Health Director (representing the Ministry of Health), with the participation of Dr. Jean Bousquet, GARD Chairperson, Dr. Álvaro Cruz, WHO, Dr. Nikolai Khaltaev, GARD Adviser, national coordinators of asthma and COPD programs and more than 30 professional health societies and patients associations, health governmental departments, nongovernmental organizations, universities, pharmaceutical and industry representatives. Representatives of Portuguese speaking countries, such as Cape Verde and Mozambique, were also present.

**Milestones:**
- Received official recognition by the Ministry of Health (Direcção Geral de Saúde)
- Gain support from SPAIC (Portuguese Society of Allergology and Clinical Immunology)
- Established new National Programme on Chronic Respiratory Diseases based on GARD strategy

**Portuguese Society of Allergy and Clinical Immunology (SPAIC, https://www.spaic.pt):**
- SPAIC was founded in 10th July 1950
- It is the largest national scientific association that brings together medical specialists, researchers and technicians dedicated to the study of allergy, asthma and immunology, and organizes a wide range of training and development programs in these areas
- SPAIC conducts research on asthma, allergic rhinitis and other chronic respiratory diseases; participates in raising awareness about asthma and other allergic diseases

**Recent Activities:**
- Cartoon put together with other respiratory societies, released on World Asthma Day 2018 (https://www.youtube.com/watch?time_continue=7&v=XRC7YtKFja4)
- SPAIC owns the Portuguese Aerobiology Network and coordinates the pollen newsletter (https://www.rpaerobiologia.com). SPAIC participates in Local Organizing Committee of the EAACI annual congress in 1-5 June 2019 in Lisbon
GARD Events:

**Global Respiratory Summit in Paris, France**

Global Allergy & Asthma Patient Platform (GAAAPP) co-hosted with COPD Global for the Global Respiratory Summit right before ERS in Paris, France on September 13th. The summit included presentations from leading global experts focusing on awareness, education, and policy. During the working group sessions, there was agreement to align key messaging for world respiratory awareness days, as well as updating our messaging globally to acknowledge asthma as a spectrum of disease.

http://gaapp.org/asthma/

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**GARD Symposium at the Brazilian Congress on Allergy & Immunology, Recife, Brazil, 20-23 Oct 2018**

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**GARD Publications** (http://gard-breathefreely.org/publications/; last 5 months, June to October 2018)

- **IN JOURNAL OF THORACIC DISEASE-GARD SECTION** (http://jtd.amegroups.com/):

- **OTHER RELEVANT PUBLICATIONS BY GARD COLLEAGUES:**
  (To download these publications, go to http://gard-breathefreely.org/publications/; last 5 months, June to October 2018)
Upcoming Relevant Conferences & Events

INTERNATIONAL CONFERENCES:
- 7-8 November 2018 - Global Congress on Asthma, Allergy and Immunology, Singapore
- Feb 27-28 2019 - 10th Annual Congress on Pulmonology & Respiratory Medicine, Paris, France

NATIONAL CONGRESSES:
- 31 October- 3 November 2018 - The 25th National Congress of the Romanian Society of Pneumology: The lung and the air quality: a new frontier, Poiana Brasov, Romania

EVENTS: 14 November 2018 - World COPD Day